

"First Credit Finance Cup" 5th Wing Chun Competition Notes for the Athletes

1. Schedule:

17 th November, 2017		
Time	Rundown	Location
BY 17:00	Arrive the designated hotel	National Arts Resort Hotel
17 : 00-22 : 00	*Athletes Check-in and Weight Checking	National Arts Resort Hotel - Cannes Room
17 : 00-20 : 00	Testing of Venue of the matches done by the Athletes	Xiqiao National Arts Studio – Palace Square
18 th November, 2017		
Time	Rundown	Location
8 : 15-8 : 45	*Athletes Check-in	Xiqiao National Arts Studio – Palace Square
8 : 45-9 : 00	* Assembling Referees and athletes and ready to enter	
9 : 00-9 : 10	MC introduces Wing Chung Competition	
9 : 10-9 : 20	* Athletes Entering	
9 : 20-10 : 00	* Opening Ceremony	
10 : 00-10 : 10	Officially announce the competition begins, take photos of guests, Referees and athletes	
10 : 10-10 : 15	Athletes Leaving	
10 : 15-10 : 20	Performance — XiangWu -Wing Chun Version 《響武》	
10 : 20-10 : 25	Referees Entering	
10 : 25-12 : 00	Competition Begins	
12 : 00-13 : 00	Lunch	
13 : 00-13 : 30	Athletes check in for afternoon matches	
13 : 30-13 : 35	Referees Entering	
13 : 35-18 : 00	Competition Begins	
18 : 00-19 : 00	End of Day 1 of the Competition	
19 th November, 2017		
Time	Rundown	Location
8 : 30-9 : 00	*Athletes check-in	Xiqiao National Arts Studio – Palace Square
9 : 00-9 : 10	Referees Entering	
9 : 10-12 : 00	Competition Begins	
12 : 00-13 : 00	Lunch	

"First Credit Finance Cup" 5th Wing Chun Competition Notes for the Athletes

Time	Rundown	Location
13 : 00-13 : 30	Athletes check-in for afternoon matches	Xiqiao National Arts Studio – Palace Square
13 : 30-13 : 35	Referees Entering	
13 : 35-15 : 00	Competition Begins	
15:00	Closing Ceremony(MC announces the end of the competition)	
15 : 00-18 : 00	Merit Certificate Giving	National Arts Resort Hotel - Lobby
18 : 00-18 : 30	*Entering for Annual Dinner	National Arts Resort Hotel – Ball Room
19 : 00-19 : 28	WWCU annual dinner and Prize giving Ceremony begins	
19 : 28-19 : 35	Cheering and taking group photo for Annual Dinner	
19 : 35-19 : 40	Dishes coming out	
19 : 40-19 : 50	Performance	
19 : 50-21 : 00	Prize giving ceremony begins	
End of the Annual Dinner and Prize Giving Ceremony		

*** All athletes have to be present.**

2. Contents of the items and other notes:

Items	Children(A) (6-10 years old)	Teenagers(B) (11-17 years old)	Adults(C) (18-40 歲)	Senior(D)	Remarks
Individual Tao Lu	✓	✓	✓	✓ (41 years old or over)	Classes not depending on weight
Group Tao Lu	✓	✓	✓	✓ (41 years old or over)	Classes not depending on weight
Traditional ChiSao	N/A	N/A	✓	✓ (41 years old or over)	Classes depending on weight
Full Contact	N/A	N/A	✓	N/A	Classes depending on weight

*Organizing Committee reserves the final decisions of this event, and if there is any updates regarding to this event, please take the notification or follow the sign shown on the respective day as standard.

"First Credit Finance Cup" 5th Wing Chun Competition

Notes for the Athletes

1) Individual Tao Lu#

- There are Siu Nim Tao, Chum Kiu, Biu Tze, Six Point and Half Pole ˆ Pak Charm Do and wooden Dummy in both Adults and Senior Group.
- There are Siu Nim Tao, Chum Kiu and Biu Tze in both Children and Teenagers Group.
- Machinery will be provided by Organizing Committee.

2) Group Tao Lu#

- For Group, the number of member for each team cannot be less than 7 people or more than 15peopl. (Any team less than 7 people, 1 mark will be deducted.)
- There are Siu Nim Tao, Chum Kiu, Biu Tze, Six Point and Half Pole ˆ Pak Charm Do and wooden Dummy in both Adults and Senior Group.
- There are Siu Nim Tao, Chum Kiu and Biu Tze in both Children and Teenagers Group.
- Machinery will be provided by Organizing Committee.

3) Traditional Chi Sao

- There are Adults and Senior Groups.
- The venue is 1.6MX1.6M.
- If no knuckles are worn, athletes have to take care of their power, attacking head is prohibited. Attacking by using elbows, knees or legs is not allowed. (Excluding sweeping legs for takedown)
- Athletes can make their own decisions on whether to wear teeth protector or jockstrap. If athletes have their own jockstraps, jockstraps must be worn inside the trousers.
-

4) Full Contact

- There is only Adults Group.
- Athletes have to wear fingerless gloves, head guard, chest guard and elbow guard which all are designated by Organizing Committee.
- Teeth protection and the jockstrap has to be prepared by yourself. (Jockstrap must be worn inside the shorts.)
- The protection gears for the competition are either in black or red.

5) Weight Checking (Except Tao Lu)

- If the weight measured in Weight Checking does not match the requirement of the respective class that you applied, you are not allowed to change to higher classes, or you will be disqualified.
- If your weight measured in "Weight Checking" is smaller than the weight that the weight you put in the application form, you will be staying in the same class which

"First Credit Finance Cup" 5th Wing Chun Competition

Notes for the Athletes

you applied originally.

- If your weight measured in "Weight Checking" is greater than the weight that the weight you put in the application form, you will be disqualified.

6) Check-in

- When you are doing the weight measurement, you have to bring your own passport and other verified or accepted identification documents.
- You have to be the designated check-point for Check-in the day before the start of the competition. (For further information, please read the Schedule.)
- Leaflet "Official Program" and bibs with number will be delivered the day before start of the competition.
- You have to be designated check point for the first check-in an hour before the match, and do the "Costume and Machinery Check".
- Second Check-in will be taken 30 minutes before the match.
- Third Check-in will be taken 15 minutes before the match.
- When the third Check-in is done, you are not allowed to leave the waiting area, if you do so, you will be disqualified.
- Any late check-in will be disqualified.

3. Others

- Athletes take care of their own lunch. (Organizing Committee recommends the Chinese and Western Restaurants in National Arts Resort Hotel, South China Restaurant and Food Street set up by Organizing Committee in the Xiqiao National Arts Studio.)
- Schedule and result announcement board are set in the lobby of National Arts Resort Hotel and Palace Plaza of Xiqiao National Arts Studio respectively. They are both shown regularly.
- For those athletes who do not win the Gold, Silver or Bronze, you will be given a Merit Certificate. On 19th November, 2017, you may bring along with your bib to get your certificate in the Certificate Giving Counter which is set up in the lobby of National Arts Resort Hotel.
- Everyone has to wear and show the Pass provided by the Organizing Committee whenever you get in or out of National Arts Studio. For those who fail to do so, they may need to pay for the tickets for entering.
- For details, please read the leaflet "Official Program" provided by the Organizing Committee.